



# DOMESTIC VIOLENCE AWARENESS MONTH

October, 2024

***Every minute, 32 people experience intimate partner violence in the United States.***

Domestic Violence: A pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.

## RECOGNIZING DOMESTIC VIOLENCE

Physical violence is just one of many tactics used to hurt, intimidate, frighten, and ultimately control an intimate partner, but our systems are designed to respond specifically to cases involving physical assault, or to treat these cases as more legitimate or dire than others. Recognizing domestic violence is critical if we are to take action to address and prevent it.



## GET HELP

The National Domestic Violence Hotline exists to provide essential tools and support to help survivors of domestic violence so they can live their lives free from abuse. Their [website](#) provides links to local resources, legal help, options to call, chat and text with an advocate, and help you to create a personal safety plan.



***DOMESTIC VIOLENCE AFFECTS MILLIONS, BOTH WOMEN AND MEN, OF EVERY RACE, RELIGION, CULTURE AND STATUS.***