
Piura, Peru International Program

July 10-19, 2026

(Cusco/Machu Picchu cultural immersion: July 18-23, 2026)

General Information:

The Office of Global Health (OGH) at Texas Tech University Health Sciences Center (TTUHSC) is sponsoring an international program for students in Piura, Peru, providing an opportunity to earn course or clinical credit based in each student's respective program of study.

Proposed educational activities include the following:

- Conducting community health assessments through surveys, focus groups, and interviews, along with other public health initiatives, to gain insights into the community and evaluate health priorities and needs.
- Providing primary care services within a medically underserved community. This will include a focus on child wellness and developmental care, preventive screening measures, comprehensive primary care, and health promotion activities across the lifespan.
- Developing and delivering health and wellness education on pre-identified health topics, tailored to meet community needs and improve health literacy.
- Engaging in interprofessional collaboration across diverse sectors, including healthcare disciplines (medicine, nursing, health professions, pharmacy), public health, local governments, schools, and other community-based partners.

These activities are designed to enhance students' professional competencies, foster Cultural Intelligence and Global Competence, and promote community health improvements.

This international program includes a **required** clinical immersion and community engagement component scheduled for July 10–19, 2026. Additionally, an **optional** cultural immersion experience has been arranged for July 18–23, 2026, offering participants the opportunity to explore the Cusco region of Peru. The Cusco portion of the program will focus on learning about the history of Peru and examining how historical and cultural factors influence health outcomes across regions.

International Program Costs:

The cost of the clinical portion of the international program is \$1,350, and includes lodging, in-country transportation, breakfast, supplies, and administrative costs.

The cost of the cultural portion of the international program is \$1,250, and includes lodging, in-country transportation, select meals (including breakfast), and cultural activities.

Additional expenses **not** covered by the program fee(s) include international airfare (approximately \$1,200), domestic airfare for the clinical component (Lima to Piura), domestic

airfare for the cultural component, if participating (Piura to Cusco), additional meals, and personal spending.

Selected participants are required to submit an initial payment of **\$500** by **Friday, April 10, 2026**. Participants opting to join the cultural immersion component must submit an **additional \$500** payment by the same date, **Friday, April 10, 2026**. The remaining balance for full participation in the program is due no later than **Friday, June 12, 2026**.

Information regarding available funding can be found on the Office of Global Health (OGH) website: <https://www.ttuhsu.edu/global-health/funding.aspx>.

Application Process:

The application for this international program is available at the following link: <https://student.ttuhsu.edu/global-health/peru.aspx>

Applications are due by Sunday, March 8 at 11:59 PMCT. Applicants will be notified of their acceptance by March 27, 2026.

Eligibility Requirements:

To be eligible to participate in an International Program for Students, a person must be a student at the University. For the purposes of an International Program for Students, a student is defined as all persons taking courses at the University, either full-time or part-time, pursuing undergraduate, graduate or professional studies, specifically excluding School of Medicine House Staff. Persons who are not officially enrolled for a particular term but who have a continuing relationship with the University or who have been notified of their acceptance may be considered students.

For the purposes of an International Program for Students, a person is considered to have a continuous relationship with the University if the person was enrolled at the University for the preceding semester and:

- Is registered or preregistered for the following semester; or
- If the person has not completed the person's degree program, is eligible to continue the degree program in the following semester; or
- If the person completed a degree program in the preceding semester and is admitted to another degree program at the University for the following semester.

In addition, persons must be in good academic and disciplinary standing as determined by the person's school at the time the person applies for an International Program and at the time of the dates of travel. Good disciplinary standing is defined as relating to a student not currently on disciplinary probation; or, a student, whose disciplinary suspension, expulsion or conditions and/or restrictions imposed, if any, have been totally fulfilled in a timely manner.

Per OP 10.29, International Programs for Students, International Programs are part of a degree program. As such, schools will determine course credit being awarded for an International Program in accordance with OP 60.05.

Participant Selection:

The TTUHSC leadership team will select up to 32 students for the program. Should demand exceed available spots, a selection rubric will be used. Applicants not initially selected may be placed on a waitlist.

Withdrawal and Refunds:

TTUHSC is not responsible for any financial losses associated with airline bookings, program fees, or other expenses if a participant becomes ineligible or unable to participate. Participants assume responsibility for any financial losses incurred in such situations.

Mandatory Team Meetings:

Selected students are required to attend 7-8 mandatory pre-travel meetings starting the week of March 30, 2026. Meetings will be conducted via Zoom and are expected to last approximately one and a half hours each.

Pre-departure Requirements:

All participants must complete the TTUHSC International Program pre-departure requirements. Detailed information on these requirements is available on the Office of Global Health website at <https://www.ttuhsu.edu/global-health/requirements.aspx>.

For Additional Information:

Please contact the Office of Global Health at globalhealth@ttuhsc.edu with any questions regarding the July 2026 Peru International Program.