

Boys & Girls Club--Optimist Branch, Lubbock

Group 8

? Population Served

- ? Children/Youth Ages 6-18 and Their Families
- ? Focus on Lower Income and at Risk Children/Youth

? Services Provided

- ? After-school care for children
- ? Meals
- ? Holiday Events
- ? Reading Programs
- ? Tutoring
- ? Smart Girls/ Passport to Manhood Classes

Clients' Health Needs

- ? Safe space to be involved in good activities. i.e. schoolwork, athletics, arts, etc.
- ? Support system for overcoming adverse circumstances and trauma
- ? Nutritional meals and financial support
- ? Education to live healthier lifestyle and avoid risky behaviors



Advice for Physicians

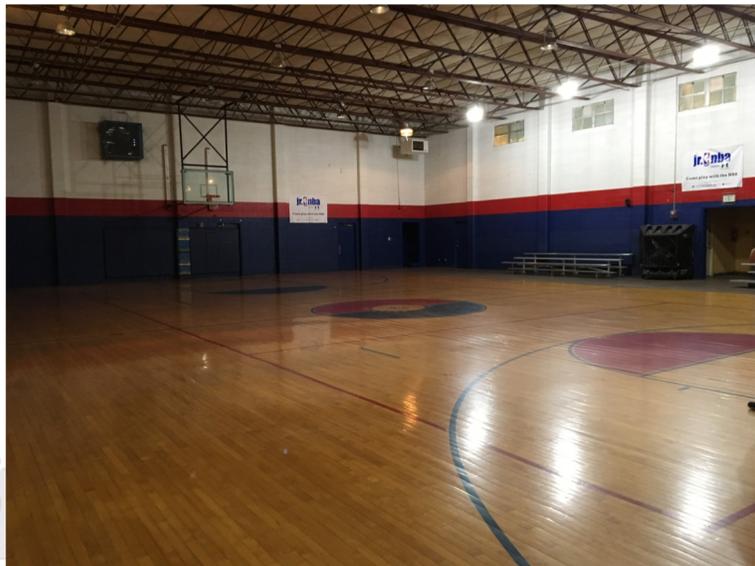
- ? When you take patient history, make sure to evaluate the strength of their support system
- ? With adolescent patients, you can make sure to have resources on hand to offer them
 - ? Know what sorts of resources you have in your community, e.g., Boys & Girls Club

Advice for Med Students

- ? **Volunteer!**
<https://lubbockbgc.org/get-involved/>

Boys & Girls Club--Optimist Branch, Lubbock

Group Number 8



Group Members:

1. Niki Sankoorikkal
2. Marcus Gonzalez
3. Joy Josephs
4. Brigid Cruser
5. Cody Perry
6. Regina Moyana
7. Saif Khan
8. Gio Ababioh
9. Ben Becker