

# Adult Day Activity Center

## Group 9

### ➤ Population Served

- Elderly and disabled adults

### ➤ Services Provided

- Supervised care from 7:30 am to 6:00 pm
- Transportation to and from home
- Noon meals provided
- Licensed nurse on staff
- Personal care attendants on staff
- Daily activities and entertainment
- Field trips
- Monthly trip to Wal-Mart
- Monthly trip for bowling
- Music, Arts and crafts, Weekly Bible study, Bingo, Board games, Dominos, and more!

### ➤ Clients' Health Needs

- Maintain quality of life
- Instill self esteem and independence
- Access to on staff nurse for basic health needs
- Allows time for visits from PT, OT, speech therapy, etc.

### ➤ Clients' Health Information Needs

- Educate and assist families in caring for elderly and disabled family members
- Provide a sense of community for patients and families

### ➤ Advice for Physicians

The Adult Day Activity Center is a great resource for families who want to keep their elderly or disabled family members at home and out of institutions.

- Allows family members to pursue personal activities and goals
- Relieves stress and guilt over providing full time home care

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### Group Members:

1. AK Kharbat
2. Jenna Jurecky
3. Joseph Oti-Nimoh
4. Karishma Desai
5. Madison Schoeberl
6. Michael Blanco
7. Veena Agusala
8. Vianne Nanez
9. Max Pourghaed