



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER™

School of Medicine

Office of Student Affairs/Office of Student Wellness

## CLASS OF 2026 STUDENT SURVEYS

Dear Class of 2026,

Hello and welcome to the School of Medicine! The Office of Student Affairs seeks information about students' study behaviors and perceptions in order to provide you with the most appropriate resources to excel in medical school. The following inventories/assessments will provide information about your learning and personality preferences. These should be completed no later than **July 30, 2022**. Your results will be reviewed in a one-on-one meeting with Allison Perrin, Ph.D., Director for Student Affairs and Student Wellness Programs, beginning in the Fall of 2022. Instructions for accessing and completing the items are below.

### Learning and Study Strategies Inventory (LASSI) 3rd Edition:

The Learning and Study Strategies Inventory (LASSI) is designed to gather information about learning and study practices and attitudes. Upon submission and approval of your institution number, 60 statements will be presented that relate to your knowledge of these areas. This inventory also provides a baseline from which to work should you need or desire academic assistance on an individual basis. Results of the survey will also be available to you, as described in the instructions.

This is not a timed measure but most students complete it in 15-20 minutes. When you are ready to begin, go to the following URL: <http://www.collegelassi.com/>

After you have read the directions, you must enter your school number, user name and password listed below.

School Number: **80193**  
User Name: **vmxn**  
User Password: **mcn4y**

You will then be required to enter your first and last name for the page to be submitted correctly. The ID and E-mail fields are optional. The next screen to appear will be the LASSI assessment. To help you decide which responses to select, we would like to explain what is meant by each option.

- **Not at all typical of me** does not necessarily mean that the statement would never describe you, but that it would be true of you only in rare instances.
- **Not very typical of me** means that the statement generally would not be true of you.
- **Somewhat typical of me** means that the statement would be true of you about half of the time.

- **Fairly typical of me** means that the statement would generally be true of you.
- **Very much typical of me** does not necessarily mean that the statement would always describe you, but that it would be true of you almost all the time.

After completing all the items and successfully submitting the results, a two-page report will be displayed listing your scores for each scale, together with your name, institution, date of administration, and an explanation of your results. You may print a copy of the results for your records. **Your survey results are accessible and you do not need to forward them.**

**VARK** (© Copyright Version 7.8 (2014) held by VARK Learn Limited, Christchurch, New Zealand.)

VARK stands for Visual, Aural, Read/write, and Kinesthetic learning styles. It is a short, simple inventory that tells you something about yourself you may or may not know. This questionnaire can help you by suggesting strategies to assist you learn more effectively in many situations. You do not need a password and there is no cost to complete it. You will be given your results immediately upon completing the VARK, and provided a link to strategies associated with your learning style.

**Access the VARK here:** <http://vark-learn.com/the-vark-questionnaire/>  
**Please note your learning style from the webpage and email Emily Gifford at [emily.gifford@ttuhsc.edu](mailto:emily.gifford@ttuhsc.edu).**

### **Success Types Learning Style Type Indicator (LSTI)**

Personality type, as described by Carl Jung, affects academic performance because it affects how students make use of their brain during learning activities. The primary scientifically valid instrument for determining your type is the Myers-Briggs Type Indicator® (MBTI). All other questionnaires that are called type indicators or type tests, are designed to illustrate type, but most are not proven to determine type with greater reliability and validity than the MBTI. The SuccessTypes Learning Style Type Indicator (LSTI) has been shown to have statistical validity in the sensing-intuitive dimension (Cook and Smith, 2006). The primary purpose of the LSTI at this website is for educational purposes.

**Access the LSTI here:** <https://www.ttuhsc.edu/medicine/medical-education/success-types/lsti.aspx>; click on *Now let's go to the Learning Style Type Indicator (LSTI)*.

**Please email Emily Gifford at [emily.gifford@ttuhsc.edu](mailto:emily.gifford@ttuhsc.edu) with your four-letter personality type.**

If you have questions regarding these surveys or your results, please feel free to contact Dr. Perrin or the Office of Student Affairs at (806) 743-9592 or (806) 743-3005.  
Thank you!