## Healthcare Choices

- Family & Community Clinic
  - · Best for routine visits and minor needs that are not urgent
  - Experiencing pain in a COMMON area (earache, sore throat)
  - Experiencing MINOR symptoms (cold or flu)
  - Experiencing MINOR injury (strain or sprain)
- **Ugent Care Center** 
  - · Best for more serious but not life-threatening
  - Experiencing pain in a COMMON area (painful urination)
  - Experiencing CONTROLLABLE bleeding (skin needs stitches)
  - Experiencing MINOR injury (minor break)
- **Emergency Center** 
  - Best for severe and life-threatening emergencies
  - Experiencing pain in an UNCOMMON area (chest, head, abdominal)
  - Experiencing UNCONTROLLABLE bleeding (especially w/ pregnant)
  - Experiencing MAJOR symptoms (head or eye injury, poisoning)
  - Experiencing MAJOR injury (open fracture)



